

# Cordova Bay United Church

813 Claremont Avenue

Victoria, BC V8Y1J9

Phone: 250.658.5911

Website [www.cbunited.ca](http://www.cbunited.ca)

Rev. Bill Cantelon [billcantelon@cbunited.ca](mailto:billcantelon@cbunited.ca)

Minister for Children, Youth and Young Adults

Nancy Walker [nancywalker@cbunited.ca](mailto:nancywalker@cbunited.ca)

Music Director—Pat Shumka 250-652-1505

Chair of Council—Ron Norman [joanron@telus.net](mailto:joanron@telus.net)

Custodian—Debbie Adkins [office@cbunited.ca](mailto:office@cbunited.ca)

Office Administrator—Jane Shumka

[office@cbunited.ca](mailto:office@cbunited.ca)

Office Hours: Mon.—Thurs., 9am—2pm

## REGULAR WEEKLY EVENTS

Thursdays, 6:00 pm—6:45 pm: Chime Choir Practice  
—new members welcome—

Thursdays, 7:00 pm—8:30 pm: Choir Practice  
—new members welcome—



## ANGEL GIFTS 2015

For all those who volunteered to be angel gift donors, please pick up the name and number of your angel in the Narthex before or after the service this Sunday, November 22nd or in the office mid week. Gifts should be delivered to CBUC by Sunday, December 13th.

## SOUL FEAST

Friday, November 20th @ 7pm

In the busyness of life you are invited to find your quiet centre with this contemplative evening of prayer practices, including the labyrinth. Everyone is invited. Come feed your soul. For more information contact Nancy Walker.

Postponed to the new year.

## Announcements for November 22nd

### WORSHIP LEADERSHIP

Worship Leader—Rev. Bill Cantelon

Music Leadership—Pat Shumka, The Choir, The Chime Choir

Pulpit Greeter—Tom Pringle

Technical Support—Peter Gray

Power Point Technician—Barrie Green

Door Greeters—Bernice & John Rowan

Ushers—Marje Baker & Barbara Shobbrook

Children & Youth Program—Grace Lindsay & Heather McNab

Scripture Reader—Elmarie Roberts

Refreshments—Men's Breakfast Group

Flowers provided by Barbara Shobbrook  
and placed in memory of her brother.

## UPCOMING SERVICES

### Sunday, November 29th

10 am—First Sunday of Advent—Hope  
Celebrating the Sacrament of Communion

### Sunday, Dec 6th

Second Sunday of Advent—Peace  
M&S Birthday/Anniversary Sunday

### Sunday, Dec 13th

10 am—Third Sunday of Advent—Joy  
“The Winter Rose”

Join us for the choir cantata that incorporates both traditional carols and newly composed anthems that visit the timeless Christmas story with fresh insight.

7pm—The Compassionate Friends'  
Candle Lighting Service

### Sunday, Dec 20th

Fourth Sunday of Advent—Love  
Band Sunday

### Thursday, December 24th

Christmas Eve Services at 4 pm and 8 pm

### Sunday, Dec 27th

Celebration of the Christmas Season

## UPCOMING EVENTS

Tuesday, November 24th

2:00 pm: Caring Ministry—Friendship Room

7:00 pm: Ethel Wilson Women's Group Christmas  
Party—Fellowship Hall

Wednesday, November 25th

7:15pm: Church Council—Friendship Room

Friday, November 27th

5:30 pm: Messy Church

# THE LIFE AND WORK OF OUR CHURCH

"We are an inclusive community of Christians called to know and serve God faithfully through love for the world and its people."

## LIVING GENEROUSLY

- ourselves
- our gifts
- our resources



## STEWARDSHIP REPORT PERIOD ENDING OCTOBER 31, 2015

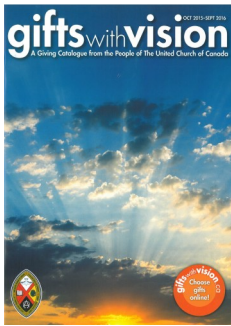
Total Income	\$261,944.50
Total Expenses	\$270,555.22
Total Net (Loss)	(\$8,610.72)

Previous year comparison:

Total Income	\$252,294.89
Total Expenses	\$258,302.63
Total Net (Loss)	(\$6,007.74)

To date we have remitted \$23,000 of the \$28,000 (82%) committed to our Mission & Service Fund.

We thank God for the blessings in our lives. The Stewardship Committee thank all for their continuous generous support of the ministry of your church and community.



## GIFTS WITH VISION; A GIVING CATALOGUE

Searching for new and meaningful gift ideas this year? You'll find something for everyone on your gift list in 'Gifts with Vision, 2015-2016, a giving catalogue from The United Church of Canada. A vision is a dream of possibilities. Gifts with Vision bring possibilities to life. We dream of a world in which human needs are met. Gifts with Vision are your opportunity to improve lives in Canada and globally. Gifts range from \$25—\$300. Catalogues are available in the Narthex.

## 50 MINUTE RETREAT: "Trusting Inner Wisdom"

Wednesday November 25, 2015

This Caring Ministry invites you to participate in this United Church of Canada webinar. It will be hosted in the Friendship Room beginning at 9am.

50 MINUTE RETREAT will focus this season on the Principles and Practices of Creating Circle Culture: The Re-Awakening of Ancient and Alternative Wisdom. Circle Culture begins to emerge as we connect to our Authentic Self, our True Self, and remember that we are all a Beloved Child of God. It expands when we create a safe environment for people to show up authentically and courageously, and to connect at a significant depth. Circle Culture is intentional about deep listening and trusts that we have the wisdom within us and amongst us to lead us toward the wholeness that we seek. Take 50 Minutes for a Transformational Break to reconnect to You, the Divine and the gift of a community engaged together in life-giving spiritual and community practices that shift how our presence impacts the world.



# Messy Christmas

Friday, November 27th  
Fun starts @ 5:30 pm

More Info?

Want to volunteer?

250.658.5977 or


nancywalker@cbunited.ca

THE CIVIC ORCHESTRA OF VICTORIA &  
VICTORIA GILBERT & SULLIVAN SOCIETY

PRESENT

**LIVE TO DREAM**

A BENEFIT CONCERT FOR

VICTORIA  HOSPICE

SUNDAY, 2:00 PM  
NOVEMBER 22

**University  
Centre  
Farquhar  
Auditorium**

**Directed by George Corwin**  
FEATURING:  
*Grieg – Symphonic Dances*  
*Saint-Saëns – Piano Concerto No. 4*  
Peter Houghton, soloist  
Gilbert and Sullivan – selections from:  
*HMS Pinafore*  
*Pirates of Penzance*  
*The Mikado*

**Tickets only \$25**

- in person: UVic Ticket Centre
- online: [tickets.uvic.ca](http://tickets.uvic.ca)
- by phone: 250-721-8480

FOR MORE INFO: [www.victoriahospice.org/events](http://www.victoriahospice.org/events)

## Annual Advent Ecumenical Celebration

**Monday, November 30th at FirstMet**

Join the UCW for their coffee hour at 10am in the Fellowship Hall for shared conversation, fellowship and faith along with tasty Christmas festive goodies. A service follows at 11am in the Chapel. This year we will be pondering 'An Advent Journey of Discovery'; a focus on the birth stories as told by the Gospel writers. Come and journey with us as we ready ourselves for the birth of Jesus.

## THE UNITED CHURCH CAMPUS MINISTRY

**Advent Quiet Day**, Saturday November 28, 9:30am – 1pm, UVic Interfaith Chapel Join us for a renewing time of quiet advent meditation, chanting in the style of Taize, lectio divina, labyrinth meditation and strolling through the solitude of the Finnerty Garden. This annual event will end with refreshments and a simple soup and bread lunch. To register, email Chaplain Henri Lock, [hlock@uvic.ca](mailto:hlock@uvic.ca).

**Walk the Labyrinth at the UVic Interfaith Chapel**, Mondays – Thursdays, November 30 – December 17, 9am – 4:30pm. Simple instructions for meditative walking of the labyrinth are posted.

**Workshop: Meditate the Labyrinth, Monday Dec 7, 6:30 -8:30pm.** Come learn about the history of the labyrinth, how to meditate while walking the labyrinth, and to be renewed on your own spiritual journey. To register, email Chaplain Henri Lock, [hlock@uvic.ca](mailto:hlock@uvic.ca).

**Experience the Labyrinth by Candlelight**, Thursdays Dec 3, 10 & 17, 6:30pm-8:30pm. Walk the labyrinth in the magic of candlelight.

**Healing Pathway: An Interfaith Training in Energy Healing, January 30 & 31, 2016, 9am-5pm**, Senate Chambers, University Centre, University of Victoria. This is Phase One of the Healing Pathway program and is designed to train participants in grounding skills, focusing of bio-field energy with compassionate presence for healing of self and others, guided meditation and practical techniques for first aid, releasing pain, stress reduction, supporting life transitions, and awareness of God's Love and Healing. Instructor: Leslie Black, Healing Pathway Trainer since 1996. Registration Fee \$170 (UVic/Camosun/ Highschool Students \$85). To register, email or phone [hlock@uvic.ca](mailto:hlock@uvic.ca), 250-472-4159.

## THE VANCOUVER MEN'S CHORUS

Willi Zwozdesky, Conductor present

**MAKING SPIRITS BRIGHT 2015**

**Saturday, November 21—7:30 pm,**

**Sunday, November 22—2:00 pm**

Oak Bay United Church

\$25 general admission

Information and tickets: [oakbayunitedchurch](http://oakbayunitedchurch)



# Epiphany Explorations

discover the extraordinary in the ordinary

## Epiphany Explorations 2016

THURSDAY, JANUARY 21 – SUNDAY, JANUARY 24

A spiritual conference like no other. EE2016 is staged to be another incredible event, offering a spiritually uplifting lineup of speakers and musicians. If you are looking for challenging, influential, and inspirational insights from many of today's top theologians, look no further.



Tom Axworthy

Naomi Tutu

Anna Carter Florence

Douglas Todd

Early Bird Deadline

Register by 30 November 1015 and save!

Visit [www.epiphanyexplorations.ca](http://www.epiphanyexplorations.ca) for more information and to register.

# Mehmani

celebrate 2015 with The Didi Society

Friday, December 4, 2015

6:30 to 10:00 PM

First Metropolitan United Church

932 Balmoral Road

tickets at [www.thedidisociety.org](http://www.thedidisociety.org)



Indian Dinner Live Entertainment Silent Auction



Julia Norman will have tickets available for purchase at the church on Sunday, November 29. See her in the hall following the service.

## John Reischman & THE JAY BIRDS

"I can't think of a better-balanced bluegrass band working today. While there are more frenetic and more notes-per-second bluegrass music out there, I can't think of a more polished, subtle, and thoughtful approach to bluegrass than "Vintage & Unique." This one gets my highest recommendation."  
- Hermon Joyner, Audiophile Audition



### Christmas Concert and Benefit

8:00pm Saturday, December 5th  
Cordova Bay United Church

\$5 from each ticket will be donated to Our Place Society

Tickets and more information at:

**victoriabluegrass.ca**

co-produced by Victoria Bluegrass Association and  
Sooke River Bluegrass Festival

Tickets are also available through the church office.