

WORSHIP LEADERSHIP—SUNDAY, JULY 8th

Worship Leader – Nancy Walker (DLM)
Music Leadership – James Yi
Technical Support – John Hobbs
Greeters – Ed Hickcox & Jiemei Li
Ushers – Guy & Judith Lokhorst
Welcoming – Ed Hickcox

Scripture Reader – Lynn Dennis Refreshments – Hospitality Team Children & Youth Program – Leslie Moffat Flowers for the service are offered by Barbara Shobbrook in celebration of the life of her mother, Evelyn Shobbrook.

UPCOMING EVENTS

Thursday, July 12th Messy Church Beach Day, 10am @ Gyro Park

Saturday, July 14th For The Love Of Africa's Water Garden Tour, 9:30am

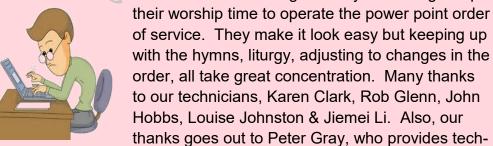
> Sunday, July 15th Worship, 10am

Sunday, July 22nd Worship, 10am

Sunday, July 29th Worship, 10am

GENTLE YOGA CLASSES RETURN IN AUGUST

Sri Gowda will be on summer holidays for the month of July. Regularly scheduled gentle yoga classes will resume on Wednesday, August 1st. Each Sunday, one of our Power Point Technicians graciously offers to give up



nical support, ensuring all equipment, including the sound is up and running smoothly each and every Sunday.

We **will not** be offering Power Point presentations on Sundays over July and August to give this team of technicians a much needed break and an opportunity to fully enjoy worship.

PRELIMINARY REPORT FROM THE MUSIC DIRECTOR SEARCH COMMITTEE

An advertisement was placed in about 10 locations on 1st June. The competition closed on 22nd June.

We received eight applications. Three applicants have been selected to move to the interviewing stage, which will take place in the next two to three weeks.

Stephen Godfrey
On behalf of the Search Committee



VICTORIA WILL PLAY HOCKEY FOR FOOD

The Mustard Seed Food Bank will be hosting their annual ball hockey tournament on Saturday July 28th at Saanich Plaza on Blanchard street from 12-6pm. It's an awesome, family-friendly event that includes music and both drop-in and pre-registered play. All skill levels are welcome and sticks are available if needed. Team registration is by donation (4 vs. 4 format). For more information please visit The Mustard Seed's website at http://mustardseed.ca/hockeyforfood/. To register or receive a team info package please email desiree@mustardseed.ca.



Flowers for the Sanctuary

Flowers in our sanctuary make a big difference in our church. When flowers are not there, something seems to be missing. Barbara Shobbrook, our flower coordinator, is looking for individuals willing to provide flowers for one or more Sundays. If you would be interested in participating, please choose one or more dates and print your name and phone number on the sign up sheet on the Narthex bulletin board. Thank you.



OUR PLACE SOCIETY NEWS

Our Place Society's new Employment Program, Next Steps to Employment is looking for a few good people. We need one or two volunteers for front desk reception, and volunteers with experience in employment, mental health, education, job coaching or other related fields for facilitating sessions with participants. Orientation and training will be provided.

Please contact Josipa at: <u>josipas@ourplacesociety.com</u> phone: 778-817-0354. **Next Steps to Employment** is located at **1627** Quadra Street in Victoria.







Bring a lunch & sunscreen to **Cadboro-Gyro Park.**

We will hang out, splash in the water, play on the play ground, and other awesome beach things.

Contact Nancy Walker for more info 250-658-5911 nancywalker@cbunited.ca

You'd like to assist—but how?



Register at Eventbrite

ICA Information Event:

Responding to the Refugee Crisis

Saturday 21 July, 1:30 to 4:30 p.m.

2625 Arbutus Rd (Cadboro Bay United Church)

Learn about BVOR sponsorship of refugees who are:

- ★ Priority cases, Travel-ready
- * Co-funded by the Canadian Government

Featuring UNHCR spokesperson Aviva Basman, and Mohammed Alsaleh, former refugee, sponsorship trainer & author of a <u>TED Talk on The Refugee Crisis</u>.



ANNUAL FLOOR MAINTENANCE JULY 15—JULY 16

Please note that following the service and fellowship time on Sunday, July 15, annual maintenance of the church floors will begin (Hall, Kitchen, Washrooms and Carrot Seed Preschool). The Hall will be available for use beginning on Tuesday morning.

A crew of volunteers is needed for 15-20 minutes to clear the hall following the fellowship time and return items to the hall again on Monday. If you are able to assist, please contact Peter Hopkins.



Alzheimer Society

If you are someone living with the early symptoms of dementia, consider coming to one or more of these programs we are offering in July:

Shaping the Journey: Explore the journey ahead in a positive, informative and supportive environment with others who are going through similar experiences. Topics include: the brain and dementia, strategies for coping with changes, maximizing quality of life, and planning for the future. Attend this 6 week series with a family member or friend. (Tuesday mornings, starting July 24)

<u>Personhood Workshop</u>: This dialogue will explore strategies to assist individuals living with early symptoms of dementia in capturing their personal story, which may include: accomplishment stories, personalized music playlists and hopes for the future. You will create materials that will be important to your wellbeing throughout the journey ahead. Please bring a family member or friend with you to the Wednesday afternoon session on July 25.

If you are caring for someone with dementia, and have questions about what lies ahead if you can no longer care for the person in their own home, consider coming to the following workshop:

<u>Transition to Residential Care</u>: Information will be provided on how to access residential care in the community, including subsidized and privately funded facilities. The session will also explore the challenges families face when making decisions about residential care, and review some strategies for preparing for the transition. (Thursday, July 12th from 1:30-4 pm)

OUR PLACE DONATIONS

Summertime or not, a sleeping bag, blanket, or small tarp can make the difference between waking up cold and wet or ready to face another day in the city. And we are still accepting hats, sunscreen and refillable water bottles for those sunny days we're hoping for.



Celebrating our gifts with Spirit Pride Victoria

On July 29th at Oak Bay United Church, Spirit Pride Victoria will be hosting a spirituality conference for members of the LGTBQ2+ community and their allies. The conference, titled *Celebrating our Gifts*, is about moving beyond seeking acceptance and affirmation, to actively embracing and enacting the spiritual and social gifts we bring to our spiritual and social communities. The event includes an open house of community supports, panel speakers, and a story and song evening with musical guest Jennifer Knapp. The conference starts at 3:00pm and is free of charge.

Schedule

3:00PM—Community Support Open House

4:00PM—Panel of Guest Speakers

5:30PM—BBQ Dinner

7:00PM—Doors Open

7:30PM—Jennifer Knapp Story & Song

For more information or to register please contact spiritpridevictoria@gmail.com or visit www.spiritpridevictoria.org

OFFICE SUPPORT

Beginning July 1st, office support will move to a summer schedule. Office Hours will be Tuesday—Thursday, 9am—2pm with this schedule in effect until August 31st when regular Monday to Thursday hours will resume.

STAFF VACATION

<u>Bill Cantelon</u> will be on holidays from July 1st , returning to the office on Monday, July 16th.

<u>Nancy Walker</u> will be attending The United Church of Canada's 43rd General Council in Oshawa, Ontario July 21st - 27th. Following Council she will be on holidays for two weeks. Jane Shumka will be away on holidays from June 29th to August 13th, returning to the office

<u>Jane Shumka</u> will be away on holidays from June 29th to August 13th, returning to the office on Tuesday, August 14th.



Keep in Touch

Cordova Bay United Church

813 Claremont Avenue, Victoria, BC V8Y1J9 Phone: 250.658.5911 www.cbunited.ca

Office Hours:
Tuesday —Thursday, 9:00 am—2:00 pm

 $\textbf{Rev. Bill Cantelon} \color{red} - \textbf{bill Cantelon} \color{blue} - \textbf{bill cantelon} \color{blue} \color{blue} \textbf{account}$

Minister for Children, Youth and Young Adults
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Chair of Council—Bill Walker—billwalker42@shaw.ca

Office Administrator—Jane Shumka
Summer Program Assistant—Leslie Moffat
office@cbunited.ca